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| Приложение 1  к гражданско-правовому договору  №\_\_\_\_ от 01 сентября 2025 г.  **Примерное меню**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  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--- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | **дополнительного витаминизированного питания обучающихся 1-4 кл.**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | | | | | | | | | | **Неделя 1** | **День 1** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. | Витамины (мг) | | |  | Минеральные вещества | | | | | | Порции.г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 1** | **День 2** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. | Витамины (мг) | | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 1** | **День 3** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 1** | **День 4** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 1** | **День 5** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 2** | **День 1** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. | Витамины (мг) | | |  | Минеральные вещества | | | | | | Порции.г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 2** | **День 2** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. | Витамины (мг) | | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 2** | **День 3** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 2** | **День 4** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Неделя 2** | **День 5** |  |  |  |  |  |  |  |  |  |  |  |  | | | наименование блюда | Масса | Пищевые вещества | | | Энерг. |  | Витамины (мг) | |  | Минеральные вещества | | | | | | порции,г | Б | Ж | У | ценность | В1 | С | А | Е | Са | Р | Mg | Fe | | | Сок фруктовый | 200 | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | Итого |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | **Всего в среднем за 1 день 2-х недель** |  | 0,6 | 0,4 | 32,6 | 140 | 0,04 | 4 | - | 0,4 | 40 | 24 | 18 | 0,8 | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | | **Заказчик:**  Директор школы  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(\_\_\_\_\_\_\_\_\_\_\_\_\_) | **Исполнитель:**  Директор  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Т.И.Плетнева | |
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